

ISSN Print: 2664-6781
 ISSN Online: 2664-679X
 Impact Factor: RJIF 5.32
 IJACR 2022; 4(1): 20-27
www.chemistryjournals.net
 Received: 02-12-2021
 Accepted: 05-01-2022

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Determining water quality for drinking and irrigation of surface water in Oguta Lake

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DOI: <https://doi.org/10.33545/26646781.2022.v4.i1a.43>

Abstract

The study aimed at determining the drinking and irrigation water quality at Oguta through accessing the physicochemical and chemometric parameters. The sampling was conducted during rainy seasons in June, 2021. A total of 25 water samples were collected from 5 stations along the lake, labelled Sw, Ww, Mw, Nw, Ew and were analyzed using standard methods. The results for the physicochemical screening revealed mean values of Temperature (28.3 oC), Electrical Conductivity (2.3 mg/l), pH (5.7), TDS (75.5mg/l), TSS (5.2mg/l), DO (0.3 mg/l), macro elements were present in the following concentrations, Na (1.2 mg/l), K (1.7 mg/l), Ca (22.7 mg/l), Mg (31.8 mg/l), Cl- (217.3mg/l), NO⁻ (0.4 mg/l), SO²⁻ (8.3mg/l), PO³⁻ (3-mg/l). The values were lower than the permissible limits set by agencies like NESREA, FMWR and WHO. The chemometric parameters was estimated to determine the WQI, ESP, SAR and CROSS. The WQI revealed that the water has high quality index, meaning that the water has poor quality and is not suitable for drinking. However, the ESP, SAR and CROSS showed that the water is good for irrigation. Therefore, the lake can be used for irrigation with precaution but extensive treatment will be needed before using for domestic purposes. This also calls for an examination into the anthropogenic causes of pollution.

Keywords: Determining water quality, irrigation of surface water

Introduction

Comprising over 70% of the Earth's surface, water is undoubtedly the most precious natural resource that exists on our planet. It sets the stage for the evolution of life on earth and is an essential ingredient of all life today. There is no other resource that affects so many areas of the economy of human and environmental health like water. In view of this fact one would expect human beings to have the utmost respect for the resource and safe guard its cleanness. Yet throughout the world people are remarkably short sighted and negligent in this regard ^[1]. Degradation of surface and groundwater sources is an inherent consequence of economic development and remedial action to compensate for, or to reduce, environmental impacts have always been a lesser priority ^[2, 3]. The world is increasingly forced to face the challenge of how to ensure access to adequate water resources for the expanding populations and economies. Effort in the area of water quality tends to be focused on water treated for portability, industrial/domestic use, or restoration ^[4, 5].

In Nigeria, Oguta Lake is one of the natural water resources of non-marine habitat located in a low-lying (elevation < 50m) platform ^[6]. The lake is the main source of domestic water supply for the locals and also used for recreation, fishing, transportation, sand mining and irrigation activities ^[5]. It also constitutes a focal point for sporting, research and tourism development ^[7]. Unfortunately, the continual use of the lake water for those purposes is threaten as the lake also acts as an outlet for sewage disposal ^[5, 7]. The monitoring and assessment of water quality is an important aspect of inventorying the required data for accurate determination of water pollution issues and for devising appropriate prevention and mitigation strategies. A report by Madu, *et al.* ^[8], evaluated the hydrochemical facie and the quality of Oguta Lake for irrigation using water quality indices. The report revealed that the lake water is good for irrigation at that time. However, the need for continual monitoring and assessment of water quality of the Oguta Lake cannot be over emphasized as Lakes and ponds are part of a complex and dynamic ecosystem that are in a constant state of change.

Besides, consumption of polluted water itself has led to the outbreak of water borne diseases in Nigeria such as includes diarrhoea, cholera and other gastrointestinal illnesses [9]. Thus, this investigation was designed to assess the water quality of the Oguta Lake for drinking and irrigation purposes.

The aim was achieved by carrying out physicochemical analysis of water samples and using water quality indices such as ESP, SAR and CROSS to determine the drinking and irrigation water quality.

Materials and Methods Study Area

Imo State is located in South-Eastern Nigeria; currently, the State is famous for its largest natural lake or fresh water lake, Lake Oguta. The lake is located in a low-lying platform, at 50 m above sea level, between latitudes 5°4' and 5°44' N, and longitudes 6°45' and 6°50' E. Four rivers (Njaba, Awbuna, Utu and Orashi) are connected to the lake [10]. However, all year round, rivers Njaba and Awbuna discharges into the lake, while Utu Stream flows in during the rainy season. The river Orashi flows past the lake in its South-Western portion. It is recorded that, the total annual inflow from the rivers and streams is about 25,801 m³, while the annual return and overland flow into the lake is estimated to be about 69,000 and 138,000 m³. Also, the annual recharge of the lake from precipitation is about 693,000 m³, while the annual groundwater inflow into the lake has been estimated (2,750,400 m³) [6]. Indeed, the total annual water inflow, heavily outweighs the total annual outflow, thus, the lake is adequately recharged all the year round.

Sample collection, preservation and preparation

In June 2021, a total of 25 sub-samples (25 surface water) were collected for the study. The 25 sub-samples were pooled and homogenized to form 5 samples each marked with reference to our position, south water Sw, west water Wm, middle water Mw, north water Nw, and east water Ew. (i.e. 5 sub-samples per point). The sub-samples were collected following a "W" shaped design. The grab sampling technique (sampling was conducted in a way to avoid collecting surface scum) was used for collecting water samples at the depth of collection was about 0.3 m. The

water samples was collected in 500 mL high-grade polyethylene. The sampling materials used were previously soaked and rinsed in 10% HNO₃ overnight. After collection of samples, the bottles were capped tightly and stored at 4 °C to prevent evaporation and transported to the Old Chemistry laboratory, Imo State University, Owerri for analysis. All sampling and preservation methods strictly followed standard protocol as described by American Public Health Association (APHA), American Water Works Association (AWWA), Water Environment Federation (WEF) 1999 [11, 12].

Physicochemical Parameters

All sample analysis was carried out following standard protocol [13, 14]. The electrical conductivity was measured using HANNA HI8733 EC METER in µs/cm. The pH was determined using JENWAY 3510pH METER. Dissolved oxygen concentration of the water samples was determined with a Jen-way 9071 digital oxygen analyzer. The Total dissolved solids means the total dissolved (filterable) solids was determined by use of the method specified in Title 40 of the Code of Federal Regulations (40 CFR) Part 136. The Total Suspended Solid (TSS) was determined by rinsing three filters with 20-30 ml De-ionized water to remove any solids that may remain from the manufacturing process. The filters were placed in separate, labeled aluminum weighed pans, then dried in a 104 °C oven for 30 minutes, then they (filter and pan) were placed in a desiccator, and a constant weight was obtained by repeating the oven and desiccation steps. 100 ml of sample was filtered through each pre-weighed filter. Each paper was placed in its aluminum weighed pan in the 104 °C oven for 1 hour. Cool the filter and pan in a desiccator and a constant weight was obtained by repeating the drying and desiccation steps. Calculation:

$$TSS \left(\frac{mg}{l} \right) = \frac{(Average\ final\ weighting - Average\ initial\ weight) \times 1000\ mg/l}{Samples\ volume\ in\ L} \dots (1)$$

The phosphorus was determined by the vanadate colorimetric method. Nitrate was determined using the Nitrate Nitrogen Comparator. Sulphate was determined using turbidimetric method according to method 4500 of AWWA, WEF, APHA. Chloride was done using argentometric method according to EPA method 9253.

Determination of Metallic elements: The water sample was digested using aqua-regia. 1 ml of the water sample was weighed into a test tube and digested with 24 ml of aqua-regia for 3 days. The supernatant is then filtered using a sieve. The concentrations of Na, K, Mg, and Ca in the respective water samples were then determined using Perkins Elmer A Analyst 400 Atomic Absorption Spectrophotometer [13].

Data analysis

Experiments were conducted in triplicate and reported as mean plus or minus standard deviation. Basic descriptive statistics was conducted and minimum, maximum and mean values were reported.

Chemometric Analysis

Water Quality Index (WQI): Water Quality Index (WQI) is normally used for water suitability for consumption. WQI gives a single number which characterizes the overall quality of the water. WQI was computed using equation.

$$WQI = \frac{\sum_{i=1}^n q_i \cdot W_i}{\sum_{i=1}^n W_i} \quad (2)$$

Where: W_i is weight age factor (calculated from equation 7), K is a constant value and it is calculated using equation

$$K = \frac{1}{\sum (S_i)} \quad (3)$$

S_i is the standard value of the i th water quality parameter; n is the total number of water quality parameters;

$$W_i = \frac{K}{S_i} \quad (4)$$

q_i is the quality rating for the i th water quality parameter and is calculated using the equation (5)

$$q_i = \frac{C_{m-Vi}}{S_i - Vi} \times 100 \quad (5)$$

Where: V_i - ideal value for pure water and it's 0 for all parameters except pH (7.0) and DO (14.6 mg/l). The

ranking for WQI was categorized as edited by Verla *et al.*, (2018); Enyoh *et al.*, (2018) for the purpose of the study as follows: $WQI < 50$ - Excellent water quality (EWQ); $50 < WQI \leq 100$ - Good water quality (GWQ); $100 < WQI \leq 200$ - Poor water quality (PWQ) - $200 < WQI \leq 300$ - Very poor water quality and $WQI > 300$ - Unsuitable for swimming.

Suitability of surface water for Irrigation purposes:

Three major irrigation models were used for assessing the suitability of the lake water for irrigation purposes. The models include exchangeable sodium percentage (ESP), sodium absorption ratio (SAR) and cation ratio of structural stability (CROSS). These models largely depend on the sodium concentration of the river and also major cationic concentrations.

Exchangeable sodium percentage (ESP): ESP was computed using equation (7) as the ratio of sodium to the cation exchange capacity (CEC) of the water.

$$ESP = \frac{Na^+}{Ca^{2+} + Mg^{2+} + Na^+ + K^+} \times 100 \quad (7)$$

Sodium Adsorption Ratio (SAR) and Cations Ratio of Structural Stability (CROSS)

SAR and CROSS were estimated using the mathematical Equations. The two models basically furnish similar information except that concept of SAR addresses only the effects of sodium on the stability of soil aggregates. Meanwhile, potential negative effects of high potassium (K) and manganese (Mg) concentrations are ignored by the SAR, which is taken care of in CROSS model. The CROSS is considered a more updated SAR model. CROSS was introduced by Rengasamy and Marchuk in 2011 [42].

$$SAR = \frac{Na^+}{\sqrt{\frac{Ca^{2+} + Mg^{2+}}{2}}} \quad (8)$$

$$CROSS = \frac{Na^+ + 0.56K^+}{\sqrt{\frac{Ca^{2+} + 0.6Mg^{2+}}{2}}} \quad (9)$$

Results and Discussion

Physicochemical assessment of the samples

The characterization results for the samples from five (5) stations is presented in table 1. The table is presenting some

descriptive statistics such as the range, mean and standard deviation.

Table 1: Physico-chemical parameters of Oguta lake

Parameters	Station 1 Sw	Station 2 Ww	Station 3 Mw	Station 4 Nw	Station 5 Ew
Temp. (oC)	27.43±0.85	28.20±0.57	29.60±0.82	28.55±1.45	28.00±1.45
EC (μ s/cm)	0.64±0.59	0.28±0.135	0.49±0.154	0.32 ±0.06	1.00±1.25
pH	6.16±0.64	5.85±0.72	5.10±1.14	6.17±0.64	5.60±0.20
TDS (mg/l)	85.26±2.41	67.34±2.15	68.42±1.05	75.37±2.62	81.6±22
TSS (mg/l)	6.03±0.50	5.6±0.15	5.22±0.102	6.19±0.020	3.00±1.27
DO (mg/l)	0.48±0.24	0.36±0.16	0.18±0.01	0.47±0.19	0.14±0.19
Na (mg/l)	1.33±0.10	1.25±0.10	1.26±0.20	1.32±0.10	1.30±0.21
K (mg/l)	1.89±0.12	1.68±0.10	1.78±0.15	1.76±0.12	1.85±0.22
Ca (mg/l)	20.2±1.20	25±1.20	21.4±1.40	23.5±1.20	23.7±1.0
Mg (mg/l)	32.2±2. 00	31.7±1.00	29.8±1.40	32.23±1.20	33.42±2.00
Cl- (mg/l)	221±2.30	207±1.40	218±1.20	220±2.20	220.6±2.20
NO-3 (mg/l)	0.17±0.09	0.59±0.13	0.37±0.12	0.73±0.16	0.51±0.12
SO2-4 (mg/l)	13.27±0.65	12.510±1.20	7.60±0.53	5.37±1.071	3.00±0.15
PO3-4 (mg/l)	0.471±0.74	0.269±0.07	0.48±0.27	0.18±0.09	0.50±0.10

The temperature of the sample points studied ranged between 27.43±0.85 oC at station Sw to 29.60±0.82 oC at station Mw. Temperature exerts a major influence on biological activity and growth. Temperature governs the kind of organisms that can live in the lake. Elevated temperatures increases the level of turbidity and invariably results to lower rate of light penetration and this in turn off sets photosynthetic process of phytoplanktons ^[14]. A high temperature increases the metabolic rate of aquatic organisms and causes a reduction in the level of dissolved oxygen (DO). This may retard the growth and reproduction of fish and in severe condition result to death of marine life. High temperatures cause suspended solid to settle at a faster rate (2.5 times faster at 35°C than at 0°C). Density and viscosity of water will also reduce at higher temperatures ^[14]. Generally, many factors such as the weather condition, sampling time, and location impact on the increase or decrease of temperature. The pH of the water samples was slight acidic with mean values between 5.60±0.20 and 6.17±0.64. The acidic pH may have resulted from humic acid (HA) formed from decaying organic matter which is consistent with the report of the Niger Delta swamp environment ^[15, 16]. The acidic pH range appears to be suitable for the survival of freshwater fish and bottom dwelling invertebrates ^[17]. The pH affects many chemical and biological processes, for example low pH permits toxic

elements and compounds to become mobile and available for uptake by aquatic plants and animals ^[18]. At low pH, water can be corrosive and cause damage to equipment, since it can increase metal leaching from pipes and fixtures, such as copper and lead. As a consequence, low pH values indirectly affect human health, since heavy metals released into the water from pipes can have adverse consequences on people. Damaged metal pipes due to acidic pH values can also lead to aesthetic problems, causing water to have a metallic or sour taste. In the investigation, the conductivity varied from 0.28±0.135 to 10.00±1.25 μ s/cm, and the lowest value of conductivity was observed at station Ww, while the highest was at station Ew. Conductivity provides a measure of common salts (usually salts of calcium, sodium, magnesium, chlorides and fluorides) dissolved in water. A higher conductivity value indicates that there are more chemicals dissolved in the water. Because dissolved salts and other inorganic chemicals (such as calcium, chloride, aluminum ions, nitrate, sulfate, iron, magnesium, and sodium) conduct electrical current, conductivity increases as salinity increases. On the other hand, organic compounds such as oil, alcohol, phenol, and sugar that can also influence the water conductivity as well as the temperature also have an effect on the conductivity ^[12]. The conductivity result is an indication that the lake contain dissolves salt in little quantity. Generally, most of the freshwaters

conductivity is ranging from 10 to 1000 $\mu\text{S}/\text{cm}$. Nevertheless, the concentration can exceed about 1000 $\mu\text{S}/\text{cm}$ in the water that receiving pollution [12]. Solids found in a water body exist as total suspended, or dissolved. The values of total dissolved solids (TDS) in the investigation are ranging from $67.34 \pm 2.15 \text{ mg/L}$ to $85.26 \pm 2.41 \text{ mg/L}$. The highest value obtained was $85.26 \pm 2.41 \text{ mg/L}$ recorded at station Sw, and the lowest value obtained was $67.34 \pm 2.15 \text{ mg/L}$ at station Ww. The Total Suspended Solids value ranges from $3.00 \pm 1.27 \text{ mg/l}$ at station Nw to $6.19 \pm 0.020 \text{ mg/l}$ at station Ew. Normally, soil erosion considers the source for suspended solids that comes from the surrounding area caused by human activities, However, Elevated dissolved solids can cause "mineral tastes" in drinking water. The dissolved oxygen (DO) of the water samples analyzed ranged from $0.14 \pm 0.19 \text{ mg/L}$ to $0.48 \pm 0.24 \text{ mg/L}$,

The DO level found in all the stations is low but adequate for the planktons to survive and to do various physiological activities [12]. Overall, oxygen generally becomes dissolved in surface waters as a result of diffusion from the atmosphere and aquatic-plant photosynthesis. In general, dissolved oxygen is consumed by the degradation of organic matter in water. The Cations studied were Na, K and Ca and Mg with highest values of 1.33 ± 0.10 , 1.89 ± 0.12 , 20.2 ± 1.20 and 32.2 ± 2.00 respectively all revealed in the station Sw. The cations were lower than the set limit. In this research, the anions analyzed were chlorides, nitrate, sulphate, and phosphate. The results presented in table 1 showed the following ranges, chlorides $207 \pm 1.40 \text{ (mg/l)}$ to $221 \pm 2.30 \text{ (mg/l)}$, nitrates $0.17 \pm 0.09 \text{ (mg/l)}$ to $0.73 \pm 0.16 \text{ (mg/l)}$, sulphates $3.00 \pm 0.15 \text{ (mg/l)}$ to $13.27 \pm 0.65 \text{ (mg/l)}$, phosphates $0.18 \pm 0.09 \text{ (mg/l)}$ to $0.50 \pm 0.10 \text{ (mg/l)}$.

Table 2: The mean Physico-chemical Parameters of Oguta Lake at the time of this research in comparison with the limits set by NESREA, FMWR, and WHO.

Parameters	Range (Min.–Max.)	Mean Value	Nesrea (2011)	FMWR	WHO (2006)
Temp. (oC)	27.43-29.60	28.3	A	< 35	30-32
EC ($\mu\text{S}/\text{cm}$)	0.28-1.0	2.3	NS	-	≤ 1400
pH	5.10-6.17	5.7	6.5-8.5	6.5- 8.5	6.5-8.5
TDS (mg/l)	67.34-85.26	75.5	NS	-	1500
TSS (mg/l)	3.00-6.03	5.2	0.25	-	≤ 5.0
DO (mg/l)	0.14-0.48	0.3	Not < 6.0	7.5	≥ 5.0
Na (mg/l)	1.25-1.33	1.2	-	200	500
K (mg/l)	1.68-1.89	1.7	-	8.3	50
Ca (mg/l)	20.2-25.0	22.7	-	150	200
Mg (mg/l)	29.8-33.42	31.8	300	200	150
Cl- (mg/l)	207-221	217.3	-	250	500
NO-3 (mg/l)	0.37-0.73	0.4	-	50	40-70
SO2-4 (mg/l)	3.00-13.27	8.3	-	100	400
PO3-4 (mg/l)	0.18-0.50	0.3	-	<13.5	10

NESREA: National Environmental Standards and Regulations Enforcement Agency. FMWR: Nigeria (Federal

Ministry of Water Resources). WHO: World Health Organisation

The mean of the physicochemical parameters of all the stations was presented in table 2. The Table 2 was prepared for easy interpretation and comparison of the results with standards such as National Environmental Standards and Regulations Enforcement Agency, Nigeria Federal Ministry of Water Resources and World Health Organization. For water temperature showed mean of 28.3 oC which was within the standard range of 30- 32 oC, pH was 5.7 which shows slight acidic tendency of the water out of the recommended limit of 6.50-8.50, this suggests safe agricultural but questions its domestic uses [18]. The conductivity of samples from this study with mean (2.3 $\mu\text{S}/\text{cm}$) is very low when compared to the permissible limit

of 1400 $\mu\text{S}/\text{cm}$ set by WHO. The solids in the water, TDS and TSS are below the threshold set by WHO and NESREA. Furthermore, Dissolved oxygen (0.3mg/L) is also less than the permissible limit of 6.5-8 mg/L and indicates an optimal condition for the growth of aquatic fauna [19]. Major cations such as Na, K, Ca and Mg showed mean of 1.2, 1.7, 22.7 and 31.8 mg/L respectively. All the results were below the threshold limit recommended for river water. The result for the anions studied was as NO -mg/L), PO43-(0.3 mg/L), Cl-(217.3mg/l), and SO 2- (8.3 mg/L). All studied anions were lower than the permissible limit set by WHO/FMWR. The results were also represented in the chart in figure 1.

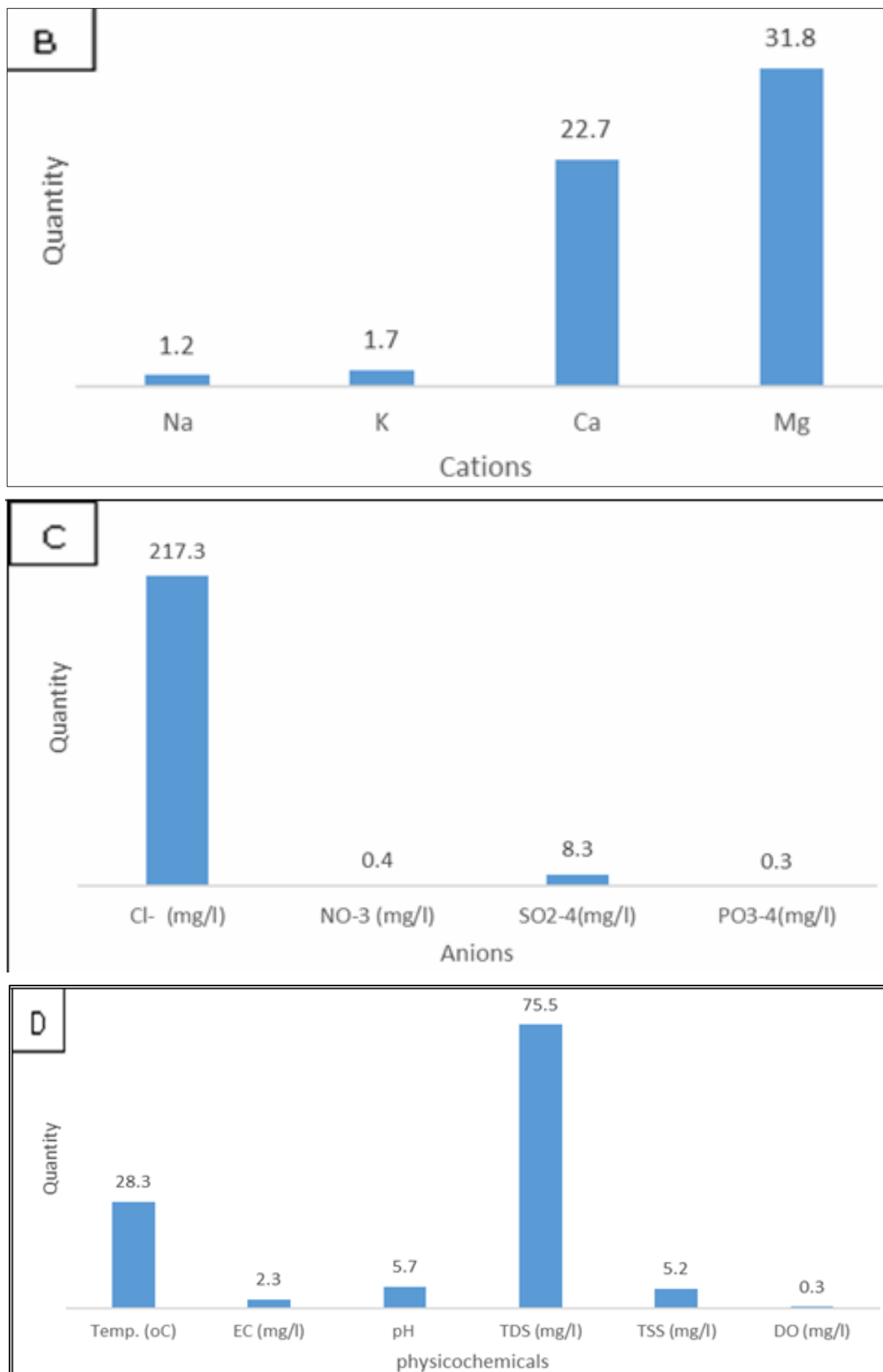


Fig 1: B, C and D showing mean of all parameters, Cations, Anions and physicochemical parameter respectively.

Water Quality Index for Drinking

The WQI in the present study was calculated from the physicochemical parameters of the water samples and result presented in table 3. The parameters used include pH, DO, EC, TDS, TSS, calcium, magnesium, chloride, nitrate, and sulphate. Following the judgment for WQI given by Ramakrishnaiah ^[19], which is Excellent Water Quality (EWQ). The values from < 50 = Excellent water quality; 50-100 = Good water quality; 100-200 = Poor water quality; 200-300 = Very poor water quality; >300 = and Unsuitable for Drinking (UnSFD) (when WQI>300). The individual indexes showed Sw (101.3095), Ww (108.874), Mw (122.9445), Nw (101.4008), and Ew (114.5794) suggesting that the lake is of “poor water quality”. Therefore, suggesting that the lake is contaminated. This could be due to time of sampling, runoffs from contaminated rivers or the anthropogenic activities from the surrounding cities ^[20, 21].

Table 3: Values of Water Quality Models at Oguta Lake

Station	WQI	ESP	SAR	CROSS
Sw	101.3095	2.3912	0.0738	1.5681
Ww	108.874	2.2304	0.0628	1.4505
Mw	122.9445	2.4521	0.0706	1.4849
Nw	101.4008	2.2456	0.0679	1.5330
Ew	114.5794	2.1570	0.0653	1.5215

Exchangeable sodium percentage (ESP)

Exchangeable sodium percentage is considered worldwide to be probably the most important soil factor affecting dispersion in soils and, consequently, soil crusting. There will be serious negative effects of Na on soil physical conditions, such as crusting and reduction in infiltration, due to clay dispersion which occur when the ESP exceeds 15%. The computed ESP is presented in table 3.2. The % ESP for the entire sampling sites ranged from

(2.15 to 2.45) % suggesting good water for irrigation [20].

Excess exchangeable sodium in sodic soils has a marked influence on the physical soil properties. As the proportion of exchangeable sodium increases, the soil tends to become more dispersed which results in the breakdown of soil aggregates and lowers the permeability of the soil to air and water.

SAR and CROSS

The sodium hazard of irrigation water is expressed as the ‘sodium adsorption ratio (SAR)’. Although sodium contributes directly to the total salinity and may also be toxic to sensitive crops, such as fruit trees, the main problem with a high sodium concentration is its effect on the physical properties of soil (soil structure degradation).

The CROSS and the SAR models basically furnish similar information except that concept of SAR addresses only the effects of sodium on the stability of soil aggregates. Meanwhile, potential negative effects of high potassium (K)

and manganese (Mg) concentrations are ignored by the SAR, which is taken care of in CROSS model. The CROSS is considered a more updated SAR model. The values in the water ranged from SAR (0.0628- 0.0738) and for CROSS (1.4505 - 1.5681). There are no general standard limit set for SAR and CROSS. However, a report on SAR for Manawatu District Council (MDC) recommends that CROSS should be kept below 13 to avoid structural problems developing ^[5, 22]. Therefore, the low SAR and CROSS indicates that the water from the Oguta lake is good for irrigation purposes.

Conclusion

The study has successfully characterized the surficial water of Oguta lake using physico-chemical analysis and chemometric models. Information from the models is viewed as simplified concepts of environmental issues. Thereby making the understanding of these environmental issues easy for policy makers, this way decisions on environmental issues are quickly arrived at. Present study has revealed that the lake water is contaminated/polluted with high water quality index. Although it is particularly good water for agricultural activities as irrigation water revealed by low % ESP, SAR and CROSS.

Acknowledgment

Authors acknowledge Group Research in Analytical Chemistry, Environment and Climate Change (GRACE&CC) for the financial support throughout the current research work.

Conflict of Interest

The authors declare no conflict of interest regarding the publication of this manuscript.

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