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Physicochemical and bacteriological evaluation of sachet water sold in Minna metropolis, Niger State, Nigeria

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Abstract

Physical assessment of the package labels (product name, manufacturing address, National Agency for Food and Drug Administration (NAFDAC) registration number, manufacturing and expiry date and batch number on the labeling) and quality evaluation of the physicochemical and bacteriological properties of the water samples collected was assessed and analyzed in relation to level of compliance with package water recommended standards. Four (4) clusters were considered in which three samples were collected from vendors in each cluster making up a total of twelve (12) samples. Physical examinations revealed 100% compliance to standards in terms of the product name, manufacturing address and NAFDAC registration number but zero percent compliance for manufacturing and expiry dates but only about 17% of the samples had a batch number on the labeling. The physicochemical parameters show appreciable compliance to standards with an ambient temperature of 28 °C, pH range of 6.5 to 8.5 and conductivity values ranged between 104.67 - 225.67 $\mu\text{S}/\text{cm}$ still lower compared to the maximum range of 1000 $\mu\text{S}/\text{cm}$ by Nigerian Industrial Standard (NIS). Samples turbidity results recorded zero value for SWA1, SWB2, SWC3, SWE5, SWG5, SWH6, SWI7, SWJ8 and SWK9 except for sample SWD10, SWF11, and SWL12 with a turbidity of 2.00, 2.00 and 3.00 NTU, respectively and were still within NIS/WHO limit of 5 NTU. Total dissolved solids (TDS) values ranged from 70.20 - 171.67 mg/L but still within the threshold limit of 500 mg/L recommended by NIS. The bacteriological parameters gave total bacterial count (TBC) ranged between 1 - 16.50 cfu/cm³ accounting for SWB2=2.00, SWC3=1.50, SWD4=2.00, SWE5=1.00, SWF6=5.50, SWG7=4.00, SWH8=5.00, SWI9=13.00, SWJ10=8.50, SWK11=16.50, and SWL12=16.00 cfu/cm³ above the WHO limit of zero cfu/cm³ except SWA with 0.00 cfu/cm³ in conformity with the standard limit while TCC ranged from 1-1.50 cfu/cm³ for SWC3=1.50, SWD4=1.00, SWE5=1.00, SWG7=1.00, SWH8=1.50 and SWK11=1.50 cfu/cm³ which is all above the WHO limit of 0.00 cfu/cm³ except six samples (SWA1, SWB2, SWF6, SWI9, SWJ10 and SWL12) having 0.00 cfu/cm³ accounting for 50% samples compliance with the tolerance limit. The concentration of Pb, Zn, Fe, and Cr in the samples was below the WHO/SON tolerant level of 0.01 mg/L for Pb, 5 mg/L for Zn, 0.3 mg/L for Fe and 0.05 mg/L for Cr except for samples SWF6, SWG7, and SWJ10 with Pb concentration of 0.04, 0.032, and 0.050 mg/L respectively, above permissible limits of WHO/SON. The corrosion of pipes used in the water processing may account for the Pb concentration hence, regular assessment of the sachet water products should be ensured by the regulating agencies to promote both water and health safety.

Keywords: Physical parameter, physicochemical parameter, microbiological parameter

Introduction

Water is the second most essential basic requirement for life sustenance on the planet earth after air (Traven, 2000) [29] and it's capable of occurring in three fundamental states solid, liquid and gaseous (vapor) phases. In its natural form, water is described as inorganic liquid material with a clear appearance, colorless, odorless and tasteless which nourished and enhanced the metabolic activities in man, animals, microorganisms and also plants (Biswas, 2005) [7]. The quality and substantial availability of water changes over space and time which is fundamental to the development of human society.

Any Alteration in natural water quality consequently distort the ecological equilibrium and render it useless for the right purposes of its applications (Aji *et al.*, 2015) ^[2].

Literature report revealed water to occupy about 71% of the earth's surface, oceans and other large water bodies holding 97%, water aquifers 1.6%, air vapor clouds 0.001% formed by precipitation, glacier and polar ice caps 2.4% and other land surface water (rivers, lakes and ponds) 0.6% (WHO, 2010; Aji *et al.*, 2015) ^[31, 2]. Research also revealed many living cells to contains about 80% water in their protoplasm and similarly the biochemical and metabolic reactions which occur in living cell during growth and development is equally facilitated in the presence of water, thus universality of water as solvent (Raji *et al.*, 2010) ^[26].

Since time memorial, management of portable water for consumption formed the basis for preventing and controlling diseases, especially the water related diseases (WHO, 2010) ^[31]. Globally, water polluted with foreign substances is one of the most dangerous public health threats that exposed people's lives to at water borne illness and chemical intoxication (Okonkwo *et al.*, 2009) ^[20].

Mispriority in government policies and inadequate investment in portable water sources have driven Nigerian drinking water supply to a horrible unrealistic state which prompt several adaptive measures by society targeted to addressing this discomforting situation. One of these measures is the resort to sachet water, commonly known as "pure water" (Dada, 2009) ^[10]. However, standard model designed for the supply of portable water and efficient sanitary technology is eventually unrealistic to afford in most of the developing countries, hence sachet water is much more available and affordable compared to bottled water, but there are concerns about its quality state. The urgent and continuous quest to satisfy the quality state of water has developed with the increasing demand and for the purpose of human health safety. Thus, the stress to specify parameters, signifying its quality (Cheabu *et al.*, 2014) ^[8].

In Nigeria, sachet water is conceived in our market as easy and cheaper approach to access portable drinking water and an improvement over the former types hand-filled led package hand-tidied polythene bags. The coming of sachet water was no doubt provides safe, hygienic and instant portable water to the public and also control to some extent the magnitude of water-borne infections in the communities (Fajobi and Shittu, 2008) ^[12]. Most bottled water manufacturers in Nigeria also engage in sachet water packaging and obtain raw water mostly from local municipal piped water. Water hygiene in various stages of production can vary among manufacturers as some employed sophisticated techniques such as ionization and

reverse osmosis while some use ordinary boiling of well water sources and exclusion of particles by use of unsterilized filtration materials (Oyedeji *et al.*, 2010) ^[24].

The rising demand, supply, sales and unselective intake of packaged water in Nigeria has since revealed to cause a significant public health risk to the consumers especially people with undermined immune systems (Adeyemi *et al.*, 2015) ^[11]. Most producers of packaged drinking water in Nigeria collect raw water majorly from sources such as municipal piped water, the bore-holes or well water and in some instances do not conform to specified standards as proper water treatment technology is lacking (Oluyeye *et al.*, 2014) ^[23]. This study therefore seeks to investigate the quality state of sachet water produced and consumed in Minna metropolis.

however, this study aimed at evaluating the physicochemical properties, microbiological parameters and heavy metal content of the sachet water samples and comparing the quality parameters with acceptable standards.

Materials and Methods

Study Area

Minna represents the capital city of Niger State and geographically located in North-central Nigeria with approximately 304,113 population. The major ethnic groups include the Nupe's and the Gwari. Minna is freely routed to neighboring cities by road, Abuja the capital of the Nigeria is only 150 km away. The city of Minna is also connected by railroad to both Kano in the North and Ibadan and Lagos in the South western Nigeria. The city has numbers of higher educational institutions among which are, the Federal University of Technology Minna, Niger state College of Education, Niger State School of Health Technology etc (Garuba, 2014) ^[13].

Sampling

The sachet water samples were obtained from sachet water vendors in the metropolis using the cluster sampling technique described by Danish, (2018) ^[11]. The technique is employed where "natural" groupings in a statistical population. The total population was then shared into groups (or clusters) and a sample was selected from the groups at random. A total of twelve (12) samples were produced across the Minna metropolis. Three samples were collected from the vendors in the same zones (clusters) (Fig. 1) (making a total of three samples) from each cluster. The zones comprised A (Bosso estate, Fadipe and Dutsenkura), B (Tayi village, F-layout and Bosso), C (Barikin sale, Saukakahuta and Tunga), and D (Maitunbi, Sabongari and MI Wushishi) (Anuonye *et al.*, 2012) ^[4].

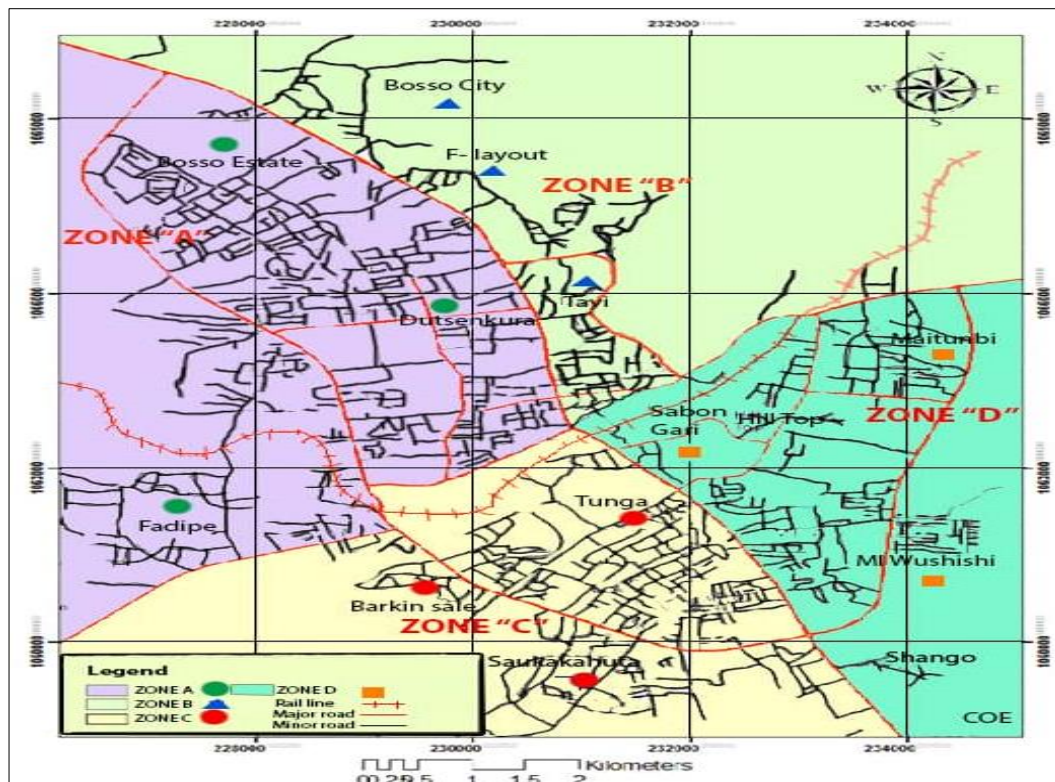


Fig 1: Map Indicating Clustering Sampling points in Minna Metropolis (Source: Anuonye *et al.*, 2012) ^[4]

Physical Assessment of the Package Labels

Assessment of the packaging and labeling details was done by adopting the methodology by Oyeku *et al.* (2001) ^[25] and Ibrahim *et al.* (2015) ^[15].

Determination of Physical Parameters

Physical parameter was determined using the APHA, (1995) ^[5] procedure.

Temperature Determination

Mercury-in-glass thermometer (HACH/210) was used to determine the temperature of the water samples. The thermometer was directly inserted into the water samples and the values were read and recorded accordingly.

pH Determination

A pH meter (Model PHS-25) measures the pH of the water samples. The process involves transferring 25.00 cm³ of the water into a sample cell and phenol red indicator (10.00 cm³) added which was inserted into the sample holder and closed with tight cap. The colorimeter was then switched on and programmed at number 75 while the pH was read and recorded.

Determination of Total Suspended Solid (TSS)

A colorimeter (Model DR/890) is an instrument used to measure the TSS of the samples. The device was first programmed at 94 and 25.00 cm³ of the sample transferred into the sample cell and placed inside the sample holder and closed tightly with the cap. The colorimeter was on and the TSS was read and recorded appropriately for each of the samples.

Determination of Electrical Conductivity (EC)

Electrical conductivity meter (CMD800), is a device that measures the conductivity of the water samples. The

sample 25.00 cm³ was measured into a 100.00 cm³ beaker and the meter electrode was dipped into it and conductivity values were read and recorded appropriately in each case. The electrode was properly rinsed with distilled water to avoid contamination after taken each reading and the process was repeated for all the samples.

Determination of Total Dissolve Solid (TDS)

The values of TDS were calculatedly determined from the values of electrical conductivity by applying the mathematical relationship that relate TDS with electrical conductivity. Thus, $TDS = 0.67 \times \text{Electrical Conductivity value}$.

Determination of Total Solid (TS)

The TS in the samples was determined by the summing the readings of TDS and TSS. Thus, the relationship; $TS = TDS + TSS$

Determination of Turbidity

The turbidity meter with model number WT3020 was used to determine the turbidity of the samples. The turbidity was determined by measuring 10.00 cm³ of the sample into a sample cell and placed it into the turbidity device. The turbidity meter was then put on and the turbidity was read and recorded appropriately. The procedure was repeated for all the samples.

Determination of Heavy metals in the Samples

Preparation of standards: Standard solutions of metal ions of interest were prepared from their respective salts. Solution of analytical grade of 1000 ppm stock solutions of Zn²⁺, Cr²⁺, Pb²⁺, and Fe²⁺ were diluted in a 25 cm³ standard flask and made up to the mark with deionized water to make 2.00 ppm, 3.00 ppm, 4.00 ppm and 5.00 ppm of each metal ion solution in accordance with the method of Shalom *et al.*,

(2011)^[27]. The standard solutions were used to calibrate the AAS machine prior to sample analysis. The water samples were first decomposed using concentrated nitric acid HNO₃ to unveiled the metal content of interest in series with Atomic Absorption Spectrophotometer (AAS) (Shalom *et al.*, 2011)^[27].

Bacteriological Analysis

Determination of Total Bacterial Count (TBC) and Total Coliform Count (TCC)

The TBC and TCC of the samples were measured with the aid of multiple-tube method. The procedure of Chioma (2014)^[9] was adopted for the determination.

Multiple Tube Method

A set of Three groups of test tubes were prepared and used for each sample. The samples were first cultured using lactose peptone single and double strength. Lactose peptone water (10.00 cm³) was transferred into three test tubes and labeled X₂ each to indicate double strength while 5.00 cm³ of

the lactose peptone dispensed into each of the remaining test tubes and marked X₁, indicating single strength. In all the test tubes, Durham tubes were inserted and the medium was sterilized with a clinical autoclave at 121 °C for 15 min. After cooling the whole medium, 10.00 cm³ of the water samples was then transferred into each of the three test tubes marked X₂ and 1.00 cm³ of each corresponding sample was transferred into the three tubes marked X₁, while 0.10 cm³ of the same water samples was dispensed into the remaining three test tubes marked X₁. The samples were all incubated at 35 °C for 24 hours in an incubator for the determination of the total coliform. The readings for both the double strength and single strength were taken after 24 hours of incubation and properly recorded.

Results and Discussion

Physical Assessment of the Sachet Water Samples

The results obtained from the physical assessment of the sachet water samples are presented in Table 1

Table 1: Physical Assessment of the water Samples

S/N	Samples	Product Name	Manufacturer Address	Manufacturing Date	Batch Number	Expire Date	NAFDAC Number
1	SWA1	+	+	-	-	-	+
2	SWB2	+	+	-	-	-	+
3	SWC3	+	+	-	-	-	+
4	SWD4	+	+	-	+	-	+
5	SWE5	+	+	-	+	-	+
6	SWF6	+	+	-	-	-	+
7	SWG7	+	+	-	-	-	+
8	SWH8	+	+	-	-	-	+
9	SWI9	+	+	-	-	-	+
10	SWJ10	+	+	-	-	-	+
11	SWK12	+	+	-	-	-	+
12	SWL12	+	+	-	-	-	+
Ref	WHO	+	+	+	+	+	+
Ref	SON guideline	+	+	+	+	+	+

+ = indicated - = not indicated

According to NAFDAC specifications, all the labeling of food and drugs must be informative and accurate. As such, the information required on labeling of food and drug products includes; Manufacturer name, Manufacturer address, Manufacturing date, Batch number, Expiry date and NAFDAC registration number (Dada, 2009; Musa *et al.*, 2014; Mustapha *et al.*, 2015)^[10, 16, 17]. The results of the physical assessment and examination of the package information of the sachet water samples presented in Table 1 shows that all the sachet water samples highly comply to standard requirement by NAFDAC specification at 100% in term of the product name, manufacturing address and NAFDAC registration number but none of the sachet water brands had manufacturing and expiry dates. The primary labelling information is important as it revealed to the consumer the safety status and the shelf life of the sachet water. Moreso, only 33.3% of the water samples had a batch number on package labels. Batch number is also an important component of product packaging, its used to

easily trace and collect or recollect a product from the market in the case of any challenging problem identified with the product. The ignorant displayed by the water manufacturing factories as regard the level of compliance to regulatory standards clearly unveiled in this study called for serious concern as the packaged water sold to the entire consumers can generate significant health risk. Thus, a good number of packaged water vendors that defy the best professional practices specify by the regulatory authorities were not originally licenses with legal permission to operate. Therefore, it becomes a disturbing scenario that this is not common with this present study as all the water vendors were indorsed to operate as proven by the NAFDAC registration details.

Physicochemical Assessment of the Water Samples

The results of the physicochemical Assessment of sachet water samples are presented in Table 2.

Table 2: Physicochemical Assessment of sachet water samples

SN	Parameters	Appearance	Odor	Taste	EC ($\mu\text{S}/\text{cm}$)	Turbidity (NTU)	TS (mg/L)	TSS (mg/L)	TDS (mg/L)	pH	Temp ($^{\circ}\text{C}$)
1	SWA1	CCL	IO	UTS	104.67 \pm 0.58	00.0 \pm 00.00	72.20 \pm 0.35	2.00 \pm 0.01	70.20 \pm 0.35	8.36 \pm 0.20	28 \pm 0.06
2	SWB2	CCL	IO	UTS	150.00 \pm 0.01	00.0 \pm 00.00	104.67 \pm 0.58	3.67 \pm 0.58	101.00 \pm 0.01	8.39 \pm 0.09	28 \pm 0.02
3	SWC3	CCL	IO	UTS	255.67 \pm 0.58	00.0 \pm 00.00	172.67 \pm 0.58	11.00 \pm 0.01	171.67 \pm 0.58	8.57 \pm 0.21	28 \pm 0.01
4	SWD4	CCL	IO	UTS	155.00 \pm 0.01	2.00 \pm 0.04	106.67 \pm 0.58	2.67 \pm 0.58	104.00 \pm 0.01	8.10 \pm 0.24	28 \pm 0.21
5	SWE5	CCL	IO	UTS	199.67 \pm 0.58	00.0 \pm 00.00	143.33 \pm 1.16	9.00 \pm 0.01	133.67 \pm 0.58	8.61 \pm 0.14	28 \pm 0.15
6	SWF6	CCL	IO	UTS	140.00 \pm 1.00	2.00 \pm 0.01	103.00 \pm 1.00	8.67 \pm 0.58	93.80 \pm 0.70	8.57 \pm 0.50	28 \pm 0.01
7	SWG7	CCL	IO	UTS	145.00 \pm 0.01	00.0 \pm 00.00	97.53 \pm 0.58	0.33 \pm 0.58	97.20 \pm 0.01	8.59 \pm 0.10	28 \pm 0.05
8	SWH8	CCL	IO	UTS	122.33 \pm 0.58	00.0 \pm 00.00	86.27 \pm 0.51	4.33 \pm 0.58	81.93 \pm 0.40	8.45 \pm 0.25	28 \pm 0.04
9	SWI9	CCL	IO	UTS	120.67 \pm 0.58	00.0 \pm 00.00	93.87 \pm 0.40	12.67 \pm 0.58	80.87 \pm 0.40	8.46 \pm 0.15	28 \pm 0.03
10	SWJ10	CCL	IO	UTS	125.67 \pm 0.58	00.0 \pm 00.00	84.20 \pm 0.35	0.00 \pm 0.00	84.20 \pm 0.35	8.51 \pm 0.12	28 \pm 0.05
11	SWK11	CCL	IO	UTS	138.33 \pm 0.58	00.0 \pm 00.00	102.67 \pm 0.58	9.67 \pm 0.58	92.70 \pm 0.35	8.42 \pm 0.01	28 \pm 0.02
12	SWL12	CCL	IO	UTS	117.33 \pm 0.58	3.00 \pm 0.06	82.97 \pm 0.98	4.33 \pm 0.58	79.10 \pm 0.70	8.23 \pm 0.08	28 \pm 0.10
	NIS				1000	5.00					

The values are expressed as mean \pm standard deviation of duplicate determination.

Key: Temp = Temperature; EC = Electrical Conductivity, TDS = Total Dissolved Solid, TSS = Total Suspended Solid, TS = Total Solid, NIS, (2007) ^[19]: Nigerian Industrial Standard for drinking water Quality.

CCL = Clear Colourless

UTS = Unobjectionable Taste, IO = Inoffensive

Appearance, Odour and Taste

The assessment of the sachet water samples in terms of appearance, odour and taste revealed the sachet water samples to have clear colorless, inoffensive and unobjectionable tastes.

Temperature

Olatayo (2014) ^[22] reported temperature as the measure of the average thermal energy of a body or substance. The temperatures of water samples fall practically within the ambient temperature i.e. 28 $^{\circ}\text{C}$.

Though, the NIS has no specified standard temperature range for quality drinking water. However, report revealed temperature within the range presented in table 2 to favor the maximum growth of some mesophyll bacteria including pathogenic organisms whose metabolic activities contribute to the undesirable change in the taste and odour of water with time (Mustapha *et al.*, 2015) ^[17].

pH

pH range of 8.10 to 8.61 was obtained for the water samples

as show in Table 2 and the values falls within the range of 6.5 to 8.5 recommended by Nigerian Industrial Standard (NIS). Therefore, drink water with pH values falling within the regulatory specification values do not pose any health risk issues (Asamoah and Amarin, 2011) ^[6].

Conductivity

Table 2.0 shows the conductivity values of the drinking water to range between 104.67 to 255.67 $\mu\text{S}/\text{cm}$ and the values all falls below the maximum limits of 1000 $\mu\text{S}/\text{cm}$ specified by NIS (2007) ^[19] standard.

The low conductivity values are accounted by presence of very low ionic substance and the used of non-corrodible metallic pipes to transport water from sources (Goodman, 1980) ^[14].

A similar result was also reported by Sheshe and Magashi (2014) ^[32] where conductivity values below 1000 $\mu\text{S}/\text{cm}$ were obtained for sachet water samples sold in some selected Local Government Areas of Kano metropolis, Kano State, Nigeria.

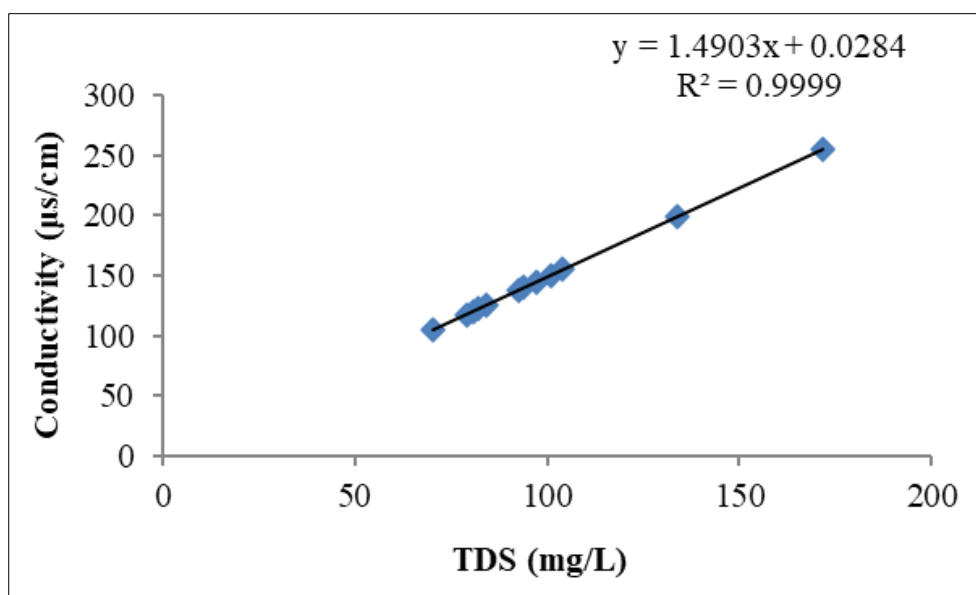


Fig 2: Conductivity ($\mu\text{S}/\text{cm}$) as a function of TDS of Sachet Water

Turbidity

The amount of particulate matter in portable drinking water account for the turbidity and it interferes with disinfections processes (Musa *et al.*, 2014b) [33]. Turbidity in water is reported to alter the natural taste, odor and color of water thereby distorting the quality status of portable water (Ndinwa *et al.*, 2011) [18]. Ando, (2005) [6] reported turbid water to enhance the movement of Giardia and Cryptosporidium cysts in the water. All the different brands of sachet water sampled in Minna metropolis were observed to have zero turbidity exception SWD4, SWF6 and SWL12 which had turbidity values of 2.0, 2.0 and 3.0 NTU, respectively. Although, the values were still within the specified WHO standard. The number of suspended solids in water account for the turbidity. Hence, the total dissolved solids (TDS) values of the water samples range from 70.20

to 171.67 mg/L as shown in table 2 and all the values stands within the acceptable limit of 500 mg/L set by the NIS (2007) [19] standard. However, the results in Figure 2 also revealed the distinctive relationship between TDS and EC as demonstrated by equation one below

The plot, gave the value of one (1) as its regression and the EC is 1.5 times TDS. Thus, the equation:

$$\text{TDS (mg/L)} = \text{EC } (\mu\text{S/cm}) \times 0.67 \dots \quad (1)$$

The expression was also adopted by the WHO (2007) [30] to relates TDS to EC.

Bacteriological Properties of the Samples

The values of the microbiological properties of the samples are shown in Table 3.

Table 3: Bacteriological Properties of the Samples

S/N	Parameter	TBC (cfu/cm ³)	TCC (cfu/cm ³)
1	SWA1	NIL	NIL
2	SWB2	2.00±1.41	NIL
3	SWC3	1.50±0.71	1.50±0.71
4	SWD4	2.00±0.01	1.00±0.01
5	SWE5	1.00±0.01	1.00±0.01
6	SWF6	5.50±2.12	NIL
7	SWG7	4.00±1.41	1.00±0.01
8	SWH8	5.00±1.41	1.50±0.71
9	SWI9	13.00±2.83	NIL
10	SWJ10	8.50±2.12	NIL
11	SWK11	16.50±2.12	1.50±0.71
12	SWL12	16.00±1.41	NIL
13	WHO, 2007 [30]	0.00	0.00

Key: cfu = Colony Forming Unit per cm³; TBC = Total Bacteria Count; TCC = Total Coliform Count

The total bacterial counts of the samples were between 1-16.50 cfu/100 cm³ which is above the set limits by WHO, (2007) [30] of 0.00 Cfu/ cm³, except sample SWA1 that had zero value of total bacteria count (TBC) which agreed strongly with the standard limit while total coliform count (TCC) range between 1-1.50 Cfu/cm³ which also exceeded the standard limit established by WHO except for six of the water samples SWA1, SWB2, SWF6, SWI9, SWJ10 and SWL12 that had zero value which is in accordance to the standard limit. The presence of high bacteria load in most of

the samples could be associated to lack of good quality sources of raw water, improper pipeline maintenance, poor water treatment, and insufficient or lack of personal hygiene which conformed with the work of Olaoye and Onilude (2009) [21]. However, with the exception of SWA1, the bacteriological contents of the samples do not agree with the (WHO, 2007) [30] zero limits set quality drinking water.

The Heavy Metal Content of the Samples

Heavy metals content of the samples is shown in Table 4.

Table 4: Mean values of heavy metals in the water samples

Sample	Pb (mg/ L)	Zn (mg/L)	Fe (mg/L)	Cr (mg/L)
SWA1	0.0010±0.00	0.421±0.02	0.001±0.01	0.003±0.01
SWB2	0.0010±0.00	0.411±0.02	0.007±0.02	0.002±0.02
SWC3	0.0010±0.00	0.720±0.03	0.003±0.03	0.003±0.01
SWD4	0.0021±0.01	0.045±0.01	0.006±0.05	0.003±0.12
SWE5	0.0020±0.01	0.051±0.03	0.003±0.12	0.006±0.21
SWF6	0.040±0.00	1.271±0.03	0.003±0.00	0.002±0.00
SWG7	0.032±0.01	0.031±0.02	0.005±0.01	0.001±0.01
SWH8	0.004±0.01	0.099±0.15	0.004±0.02	0.005±0.12
SWI9	0.001±0.01	0.710±0.13	0.001±0.01	0.001±0.00
SWJ10	0.050±0.02	0.370±0.02	0.008±0.12	0.003±0.04
SWK11	0.005±0.02	0.073±0.14	0.001±0.01	0.004±0.01
SWL12	0.003±0.01	0.003±0.00	0.002±0.04	0.002±0.00
WHO	0.01	5.00	0.3	0.05
SON	0.01	5.00	0.3	0.05

The trace metal contents in the samples are shown in Table 4 and all the metals of interest were detected in all the samples. However, the results revealed the concentration of

all the heavy metals detected to fall below the standard recommended limits of WHO and SON except SWF6, SWG7, and SWJ11 with lead content above the standard

permissible limit. The presence of lead in high concentration may be link to the corrosion of pipes used in water processing factories. Olaoye and Onilude, (2009) ^[11] has reported Lead to be very toxic heavy element even at low concentrations.

Conclusion and Recommendation

The assessment and evaluation of the compliance extent of sachet water sold in Minna metropolis to standard specifications was carried out and analysis of physical examination of packaging labels (product name, manufacturing address, National Agency for Food and Drug Administration (NAFDAC) registration number, manufacturing date, expiry date shows moderate conformity to WHO standards as all the samples lacks manufacturing dates and expiring dates and also only 17% of the samples had batch number on the labeling) while physicochemical parameters (Temperature, appearance, odor, taste, pH, turbidity, electrical conductivity (EC), total suspended solids (TSS), total dissolved solids (TDS), total solid (TS)), conformed to the standard recommended by WHO except for sample SWG7, SWF6 and SWJ10.

The microbiological parameters (total bacterial count (TBC), and total coliform count (TCC)) exceeded the WHO standard except for sample SWA1 which had no total bacterial count (TBC) and similarly, samples SWA1, SWB2, SWF6, SWI9, SWJ10, and SWL12 had zero total coliform count (TCC) and heavy metals (Fe, Cr, Pb, and Zn) showed that all the metals were detected in the water samples at a concentration within the standard accepted value except the lead (Pb) content in three of the samples SWG7, SWF6 and SWJ10 that exceeded the set limit by WHO. Conclusively, 25% of the samples doesn't satisfactorily meet the safety standard recommendations and as such considered unfit for consumption and has potential to pose a significant health risk if consumed without any further treatment. The water safety regulatory bodies responsible for regulating and maintaining water quality standards should endeavor to carry out a periodic assessment to promote safety thereby ensuring packaged water is in accordance with the specified standard recommendation. The producers should also be regularly educated and encouraged to strictly adhere to portable water specifications standards before exporting to final consumers.

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